

Eating Habits

Free Composition

Mega Goal 2.3

Write a short paragraph about "Eating Habits" answering these questions :

1. What are eating habits influenced by?
2. Give some examples of healthy eating habits ?
3. Give examples of unhealthy eating habits ?



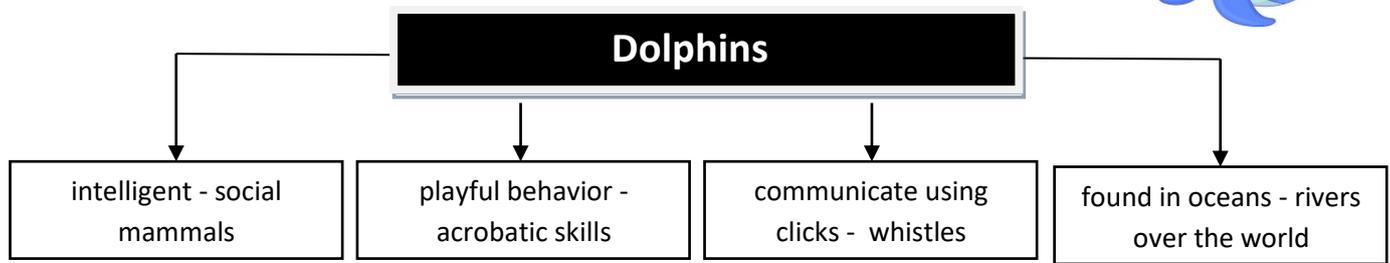
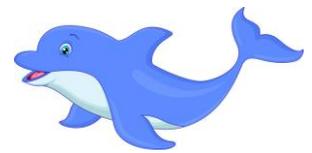
Eating Habits

Eating habits can vary from person to person and can be influenced by factors such as culture, lifestyle, and personal preferences. Some people may have healthy eating habits, like: eating fruit and vegetables , using healthy fats and drinking plenty of water . Others may have unhealthy eating habits, such as :eating fast food or sugary snacks. It is important to maintain good eating habits.

Dolphins

Free Composition

Write a short paragraph about "Dolphins" using the notes in the diagram :



Dolphins

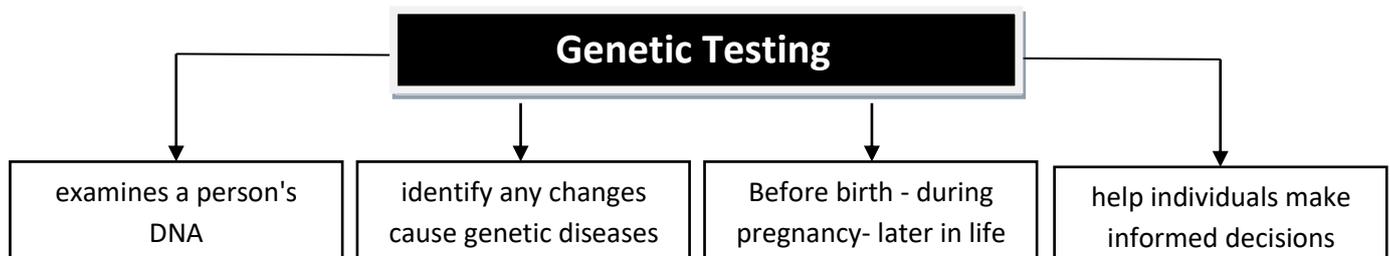
Dolphins are intelligent and social marine mammals. They are known for their playful behavior and their acrobatic skills. They communicate with each other using clicks, whistles, and body language. Dolphins can be found in oceans and rivers all over the world. Dolphins are a beloved animal by many people due to their friendly nature.

Genetic Testing

Free Composition



Write a short paragraph about "Genetic Testing" using the notes in the diagram :



Genetic Testing

Genetic testing is a medical test that examines a person's DNA to identify any changes that may cause genetic diseases. This type of testing can be done before birth, during pregnancy, or later in life. Genetic testing can help individuals make informed decisions about their health and future to reduce the risk of developing certain diseases.