

Mega Goal Book 1.2 Unit 1: Did You Hurt Yourself?

Vocabulary

Choose the best answer to fill in the blank in each question.

- | | | | |
|--------------|--|---------------------|---------------|
| 1 | You should always wear your _____ while driving. | | |
| A. knee pads | B. helmet | C. seat belt | D. cell phone |
- | | | | |
|---------|--|---------|-----------------|
| 2 | To _____ injury, always wear safety equipment. | | |
| A. obey | B. help | C. keep | D. avoid |
- | | | | |
|---------------|---|----------------|-----------|
| 3 | Skateboarders wear _____ so they don't hurt themselves. | | |
| A. seat belts | B. knee pads | C. skateboards | D. safety |
- | | | | |
|----------------------|--|----------------|---------|
| 4 | _____ drivers don't pay attention to the road. | | |
| A. Distracted | B. Fatigue | C. Bad weather | D. Safe |
- | | | | |
|---------------|-----------------------------------|---------------|---------------|
| 5 | Drowsy is another word for _____. | | |
| A. aggressive | B. sleepy | C. distracted | D. tailgating |
- | | | | |
|-----------|--|----------------|-----------|
| 6 | You should always _____ the speed limit while driving. | | |
| A. injure | B. avoid | C. obey | D. adjust |
- | | | | |
|----------|--|------------|----------------------|
| 7 | Many people are _____ in stories of unusual accidents. | | |
| A. bored | B. nervous | C. excited | D. interested |
- | | | | |
|-----------------|--------------------------------------|---------|----------|
| 8 | Robert got a _____ from the toaster. | | |
| A. shock | B. prize | C. gift | D. sleep |
- | | | | |
|-------------|---|-------------|---------------|
| 9 | Driver _____ is caused by falling asleep at the wheel or go off the road. | | |
| A. electric | B. fatigue | C. stuck in | D. aggressive |
- | | | | |
|-------------------------|---|---------|--------------|
| 10 | _____ <i>means</i> to move through something by turning and avoiding. | | |
| A. Weave through | B. hurl | C. bald | D. challenge |
- | | | | |
|--------|---|----------|--------------------|
| 11 | He broke his two legs, so he will be _____ that wheelchair for a while. | | |
| A. run | B. walk | C. sleep | D. stuck in |

Grammar

12 He is a very good learner _____.
A. So I am. B. So he does. C. **So am I.** D. So he is.

13 I never drive over the speed limit. _____.
A. So do I. B. So I do. C. Neither I do. D. **Neither do I.**

14 She cut _____ while she was using the knife.
A. yourself B. **herself** C. myself D. himself

15 I have never fallen down those stairs.
A. **Neither have I.** B. Neither I have. C. So have I. D. So I have.

16 The bank is _____ the hotel and restaurant .
A. At B. next to C. on D. **between**

17 Garry wants to be in good shape, _____ he exercises every day.
A. because B. **so** C. neither D. and

18 Sabah left home early _____ she had a doctor's appointment.
A. So B. as well as C. or D. **because**

19 Abdullah doesn't drive _____ .
A. care B. careful C. **carefully** D. carefulty

20 How can I get to the post office ? _____ a left into King Fahd Street .
A. Go B. Turn C. **Take** D. Cross

21 Where is the pharmacy ? _____ straight ahead on this street .
A. Cross B. **Go** C. Take D. Turn

22 You _____ park on the sidewalk.
A. **mustn't** B. should C. have to D. can

Mega Goal Book 1 Unit 2: Take My Advice

Vocabulary

- 1 _____ *means* an expression used to make statement stronger.
A **To be honest** B Yes C I guess D I think
- 2 Feeling depressed *means* _____ .
A bored B luckily C **feeling down** D happy
- 3 The labels _____ refer to food that contains a lot of fat.
A healthy food B **fast food** C good food D cook food
- 4 You should avoid _____ other cars on a narrow road.
A **overtaking** B driving C crashing D speeding
- 5 Nora asked her friend _____ to lose weight.
A avoid B habit C keep fit D **advice**
- 6 I try to _____ by going to the gym.
A **keep fit** B sleep C eat D be weak
- 7 **Lose weight** is the **opposite** of _____ .
A illegal B anorexia C **gain weight** D keeping fit
- 8 _____ *means* being in good physical condition- healthy and strong.
A Illness B **Fitness** C Sadness D Homeless
- 9 Our teacher does not _____ talking during class.
A throw away B take up C put off D **put up with**
- 10 She _____ running to lose some weights .
A puts up B gives up C **takes up** D turns down
- 11 I hate to _____ art class, but I just don't have time to go anymore.
A turn on B throw away C **put off** D work out

Grammar

- 12 It is freezing outside! You _____ wear a warmer coat.
A **had better** B better had C might D could
- 13 Sara is waiting for you. You _____ go meet her.
A might B **should** C could D may
- 14 I need to clean my closet and _____ (*discard*) a lot of old clothes.
A put up with B give up C **throw away** D put off
- 15 I have to finish my big report. Can we _____ (*postpone*) our meeting for tonight?
A throw away B **put off** C turn down D put up with
- 16 I _____ (*be friendly*) well with Fatima.
A **get along with** B put off C give up D put up with
- 17 I didn't wear those shoes anymore so I _____.
A threw away it B threw it away C threw away them D **threw them away**
- 18 You should _____ to lose weight.
A **try** B tries C tried D trying
- 19 _____ you give me some advices to improve my English ?
A **Could** B Ought to C Might D Had better
- 20 How _____ money have you got ?
A many B **much** C long D often
- 21 He put _____ sugar in his coffee .
A many B few C **a little** D much
- 22 He has _____ friends. Everybody loves him .
A much B a little C **a lot of** D any
- 23 What do you do _____ you have a cold?
A why B where C who D **when**

MegaGoal Book 2 Unit 3: You've Got Mail!

Vocabulary

1	What do you say to someone who just graduated from college?						
A	Sincerely	B	I apologize	C	Congratulations!	D	Thank you.
2	What do you say to a friend when you forget his or her graduation?						
A	You're welcome.	B	Congratulations!	C	Best regards.	D	I apologize.
3	When someone is <i>on the road</i> , he or she is _____.						
A	traveling for business	B	taking a walk	C	waiting for a bus	D	working at home
4	When a phone call is <i>urgent</i> , it is _____.						
A	not necessary	B	related to work	C	very important	D	exciting
5	To <i>import</i> means to _____.						
A	sell something internationally	B	bring something in from another country	C	buy something expensive	D	make something at home
6	_____ <i>means</i> be honest and frank with people.						
A	Liar	B	Tricky	C	Stupid	D	Be straight
7	_____ <i>means</i> used to give someone permission or encouragement						
A	Of course	B	No	C	No way	D	Not allowed
8	Nowadays, over 4 billion of people are using the _____ to send messages.						
A	letter	B	telegraph	C	email	D	drum
9	Let someone down <i>means</i> _____.						
A	assist	B	help	C	explain	D	disappoint
10	Take advantage of <i>means</i> _____.						
A	harm	B	benefit	C	disadvantage	D	weakness

Grammar

11	I apologize for _____ late .						
A	arrive	B	arriving	C	arrives	D	arrived
12	Our teacher insists _____ speaking to us only in English .						
A	on	B	in	C	of	D	to
13	After studying for weeks, she succeeded _____ passing the exam.						
A	for	B	of	C	in	D	to
14	Are you looking forward _____ visiting your relatives next week?						
A	to	B	in	C	for	D	of
15	We had fun at the beach _____ the cold weather.						
A	although	B	in spite of	C	even though	D	because
16	_____ I was sick, I still went to school.						
A	Because	B	In spite of	C	But	D	Even though
17	There were so _____ cars that we couldn't find a place to park.						
A	much	B	little	C	many	D	such
18	I'll call you when I _____ .						
A	arrive	B	arrives	C	arrived	D	arriving
19	I used to _____ Disney Cartoon when I was a child.						
A	watching	B	watches	C	watched	D	watch
20	We didn't _____ have a big car.						
A	used to	B	uses to	C	use to	D	using
21	I read _____ Holy Qur'an .						
A	a	B	The	C	an	D	no article
22	There are a lot of _____ here.						
A	company	B	companys	C	companyes	D	companies

MegaGoal Book 2 Unit 4: Wishful Thinking

Vocabulary

- | | | | | | | | |
|---|--|---|----------|---|-------|---|----------|
| 1 | Receive property from someone who has died. _____. | | | | | | |
| A | inherit | B | ventures | C | fines | D | business |
- | | | | | | | | |
|---|---|---|----------|---|----------|---|------------|
| 2 | Sudden money can cause more than financial _____. | | | | | | |
| A | money | B | decision | C | disaster | D | economical |
- | | | | | | | | |
|---|--|---|-----------|---|----------------|---|----------|
| 3 | A person who helps the poor, especially by giving them money. _____. | | | | | | |
| A | emperor | B | prominent | C | philanthropist | D | excelled |
- | | | | | | | | |
|---|--|---|---------|---|---------|---|----------|
| 4 | Bradley was a good prize winner and spent his _____ on his family and friends. | | | | | | |
| A | time | B | fortune | C | holiday | D | vacation |
- | | | | | | | | |
|---|---|---|------|---|------|---|------------|
| 5 | Legal status of having no money, broke _____. | | | | | | |
| A | sums | B | rich | C | prey | D | bankruptcy |
- | | | | | | | | |
|---|-----------------------------------|---|---------|---|------|---|---------|
| 6 | <i>In my opinion</i> means _____. | | | | | | |
| A | to me | B | for you | C | yeah | D | believe |
- | | | | | | | | |
|---|--|---|-------------|---|-------------|---|------------|
| 7 | <i>I have a good time</i> means _____. | | | | | | |
| A | have a watch | B | have a call | C | have a ball | D | have money |
- | | | | | | | | |
|---|---|---|---------|---|---------|---|--------|
| 8 | Scientists use technology like satellites to study the _____. | | | | | | |
| A | Universe | B | islands | C | animals | D | plants |
- | | | | | | | | |
|---|---|---|--------------|---|-----------|---|--------|
| 9 | If you win a big prize, seek a good _____ to help you keep your sanity. | | | | | | |
| A | biologist | B | psychiatrist | C | zoologist | D | artist |
- | | | | | | | | |
|----|---|---|----------|---|--------|---|--------|
| 10 | A ability to think in a normal way . _____. | | | | | | |
| A | crazy | B | insanity | C | insane | D | sanity |
- | | | | | | | | |
|----|--|---|-------|---|--------|---|--------|
| 11 | The money can _____ relationship with family and friends, and can end in bankruptcy. | | | | | | |
| A | strain | B | peace | C | relief | D | health |

Grammar

- | | | | | | | | |
|----|---|---|------|---|---------|---|-------|
| 12 | If I _____ a million dollar , I would keep it . | | | | | | |
| A | found | B | find | C | finding | D | finds |
-
- | | | | | | | | |
|----|---------------------------------|---|------|---|-------|---|-------|
| 13 | I wish I _____ him some money . | | | | | | |
| A | give | B | gave | C | given | D | gives |
-
- | | | | | | | | |
|----|---------------------------------------|---|------|---|-----|---|------|
| 14 | There is _____ pollution in the air . | | | | | | |
| A | any | B | some | C | yet | D | many |
-
- | | | | | | | | |
|----|---------------------------------------|---|------|---|----|---|----|
| 15 | I would rather pay _____ credit card. | | | | | | |
| A | in | B | with | C | by | D | on |
-
- | | | | | | | | |
|----|---|---|-----|---|-----|---|-------|
| 16 | If I could choose any destination, I _____ travel to New Zealand. | | | | | | |
| A | will | B | can | C | may | D | would |
-
- | | | | | | | | |
|----|---|---|------|---|---------|---|------------|
| 17 | They _____ longer if they had more time . | | | | | | |
| A | will stay | B | stay | C | staying | D | would stay |
-
- | | | | | | | | |
|----|----------------------------|---|-----|---|--------|---|------|
| 18 | I wish I _____ more time . | | | | | | |
| A | has | B | had | C | having | D | have |
-
- | | | | | | | | |
|----|--|---|-----|---|----|---|------|
| 19 | If I _____ free, we would go with you. | | | | | | |
| A | are | B | was | C | is | D | were |
-
- | | | | | | | | |
|----|----------------------------------|---|-----|---|----------|---|------|
| 20 | _____ are these leather sandals? | | | | | | |
| A | How much | B | any | C | How many | D | some |
-
- | | | | | | | | |
|----|--------------------------------------|---|-----|---|----|---|------|
| 21 | Is there _____ cheese in the fridge? | | | | | | |
| A | some | B | any | C | no | D | much |
-
- | | | | | | | | |
|----|---------------------------------------|---|------|---|----|---|-----|
| 22 | I have _____ friends. I feel lonely . | | | | | | |
| A | some | B | much | C | no | D | any |
-
- | | | | | | | | |
|----|--|---|-------|---|---------|---|--------|
| 23 | I wish my friend _____ eat much junk food. | | | | | | |
| A | didn't | B | don't | C | doesn't | D | wasn't |

Reading

1- Read the passage and then answer the questions below:

There are a great many different ways to communicate today. We correspond by email, fax, letter, telephone, and cell phone. Every day, electronics and technology help make communication clearer and faster. Samuel Morse developed the Morse Code in the 1840s. This type of communication uses a system of short electrical signals called “dots” and long electrical signals called “dashes” to communicate. Before telephones, Morse’s system was used for rapid communication in Europe and America. Wooden poles carrying wires were set up so the electrical signals could be sent over the wires from one place to another. One person would tap out the code while a person in another place would listen to the message, write the code down, and translate it into letters and words. This “telegraph” system was widely used during the 1800s. Although it seems slow now, compared to today’s technology, Morse Code is still sometimes used when emergencies occur today. This type of communication works best because it gets through interference better and works with very simple radios. Sometimes this is the only and best way to communicate during emergencies.

Write (T) for true And (F) for False:

1. There are a great many different ways to communicate today . (T)
2. Every day, electronics and technology help make communication clearer and slower. (F)
3. long electrical signals called “dashes”. (T)
4. Plastic poles carrying wires. (F)
5. This “telegraph” system was widely used during the 1800s. (T)
6. Morse Code isn't still used. (F)

2- Read the passage and then answer the questions below:

In recent years, job stress has become a growing problem. In the U.S., three out of every four people say that their job is stressful. And the United Nations' International Labor Organization has said that work stress has become a global issue. What has caused work to become so stressful in the last 20 years? One reason that jobs have become more stressful than technology. Computer technology is changing quickly. This means that people constantly have to learn new ways to do their work. Another reason that jobs have become more stressful is that people work more now than they did in the past. They take fewer vacations and work more hours per week. Stress is bad for your health. It can cause physical problems, like a heart attack, or mental problems, like depression. So, what can you do to avoid job stress? You should talk to your boss when you feel that you have too much work to handle. And you should make sure that you have enough time in your schedule for relaxing, fun activities that are not related to work.

Write (T) for true And (F) for False:

1. Work stress has become a global issue . (T)
2. Jobs haven't become more stressful than technology . (F)
3. Computer technology is changing quickly. (T)
4. People work less now than they did in the past. (F)
5. Stress can cause physical problems. (T)
6. You shouldn't talk to your boss when you feel that you have too much work to handle. (F)

Writing

A- Guided Composition (3 marks)

Write a paragraph at least six sentences on "**Road accidents**". These words may help you.

Guided words (Road accidents - common - accidents - human -unsafe- rash - the traffic rules- red lights- driving - signal -bad habit- mobile phone- scary- careful – outdoors)

Road accidents are very common these days. These accidents have made human life quite unsafe. They are the result of rash driving and breaking the traffic rules. The traffic rule that people break the most is jumping red lights, which means they keep driving even when the signal is red. Another bad habit is using mobile phone. Accidents can be very scary, and that's why we have to be very careful at all times when we are outdoors.

B- Free Composition (3 marks)

Write a paragraph about (**My wishes**). You have to write at least six sentences.

All of us have our own wishes. However, it may differ from person to person. Personally, I have two wishes which are very closed to my heart. My first wish is to bless my parents with good health and long life full of happiness. My second wish is to make me stand in good stead where I can afford to provide all the happiness to my family and inspire others. Simple wishes in life, but I believe when we wish sincerely, it would become true.

Good luck

MR. Sameh Saber