

# 2 You Are What You Eat

## 08 Reading

Before Reading: books closed

**speculate on how these food items may have been invented**



**popsicles, ice cream cones, chocolate chip cookies, and potato chips.**

### READING STRATEGY Jigsaw reading

Read the title and the first paragraph. What do you think a lucky accident is?

Each group should have a 1, 2, 3, and 4, in other words, one student for each of the paragraphs. In the groups, each student then tells the others about the food he or she read about. (If there are extra students, put five students in some groups, with two students presenting the same food.)

Answer the questions and discuss paragraph 1,2,3 and 4 in your group.

1. Who discovered the food?
2. When?
3. How did they happen to discover it?
4. What happened after they discovered it?



Play the audio, listen to the entire article and read along in your books.

Talk about Your opinions of the article and the topic. For example:

1. Why do you think it took Epperson 18 years to turn his discovery into a business?
2. Can you think of other examples where two cultures have combined to create a new food?
3. Do you think that the payment Ruth Wakefield received for her cookie recipe was fair?
4. Do you like these foods? Are the foods good for you?

### Additional Vocabulary Practice

1. Find 7 adjectives that describe food in the first paragraph.
2. Find the word that refers to the thing you use to hold a popsicle
3. Find a word in paragraph 3 that describes a successful business
4. Find a word in paragraph 3 that is similar to a word used to describe potato chips.
5. Find a word in paragraph 4 that means a small hotel.
6. Find a word in paragraph 4 that refers to the mixture you use to make things like cookies and cakes.
7. Find two words in paragraph 5 that describe people: one means bad-tempered and the other means difficult to satisfy or please.
8. Find a word in paragraph 5 that means delicious.

Answers:

1. cool, creamy, chewy, delicious, salty, addictive, crispy
2. stick
3. booming
4. crisp
5. inn
6. batter
7. cranky - picky
8. delectable

### After Reading

In pairs or small groups to ask and answer the questions

Answers:

1. A boy left a bucket of soda out one cold night with a mixing stick in it, and it froze.
2. It was invented at the 1904 St. Louis World's Fair.
3. A Syrian immigrant named Ernest Hamwi rolled up his pastry to make a cone for the ice cream.
4. She received a lifetime supply of chocolate chips.
5. Because a customer complained about his french fries being too soggy, Crum was going to "teach him a lesson" by giving him very crisp french fries!