

Unit 1

Listen and Discuss - Pair Work

التهيئة

Tell students the number of hours you spend every week, day, or evening doing certain activities. For example: I teach English twenty hours a week. I exercise three hours a week. I watch TV about one hour a day. I sleep about seven hours a night. Then ask students first if they do certain activities, and then how many hours they spend on the activities. For example, ask: Do you exercise? Elicit a short answer. If the answer is affirmative, ask: How many hours a week do you exercise?

مفردات الدرس

lifestyle activities fitness work out gym regularly frequently rock climbing fanatic vegetarian herbal tea
challenging puzzles addict seldom department store rarely devoted

مهارات التفكير

Concentration - Comprehension - Analysis of information - Application

إغلاق الدرس

Have students ask each other questions about the activities in the article. For example: How often do you work out? Students should answer truthfully about themselves. Then have students report about their partners to the class.



Unit 1

Grammar

التهيئة

Have volunteers read aloud the questions and answers. Explain that we use the simple present to talk about habits—things that people do often or regularly.

مفردات الدرس

Simple Present Tense: Habitual Activities Adverbs/Expressions of Frequency Questions with How Often/How Much/How Long

مهارات التفكير

Knowledge - Application - Analysis - Assembling - Organization

إغلاق الدرس

Have students write four true and two false sentences about what they usually/always and seldom/never do. Then have them exchange books with their partner. They read their partner's sentences and check each one true or false. Their partner then says whether they were right or wrong.



Unit 1

Language in Context - Listening - Pronunciation - Conversation

التهيئة

Have students describe all the things they see in the picture. Ask: Do you think it's a girl's or boy's room? Why? How old do you think the person is? Why? What can you say about the person's lifestyle? Accept a variety of answers. Point out the example in the book and ask if students think that is true.

مفردات الدرس

professional career poor background proud wear fashionable media exercise freak turn (someone) of
Anyway You see

مهارات التفكير

Comprehension - Application - Memory - Concentration

إغلاق الدرس

Have students work in pairs to interview each other. Then have students switch partners and tell their new partners about their first partner's Internet use.



Unit 1

Reading - Project

التهيئة

Tell students that having a discussion about the subject of a passage before reading it is an excellent way to approach a reading. Then tell them that they should always use what they already know (prior knowledge) as they read to help them with comprehension.

مفردات الدرس

cell phone obsession negative positive out of own usage depressed approximately bill advantages disadvantages

مهارات التفكير

Knowledge - Comprehension - Application - Analysis of information

إغلاق الدرس

As students give their reports, keep a tally on the board. At the end have students write a report summarizing the information on the board and commenting about their classmates' habits. For example: In our class, 60 percent of the students go shopping at least once a month.



Unit 1

Writing

التهيئة

Tell students to choose three activities from the class survey and complete the chart with the information. Let them know that they will later use their notes to write about one or more of the activities that young people spend time doing.

مفردات الدرس

habit survey findings cohesion

مهارات التفكير

Knowledge - Application - Analysis - Concentration - Organization

إغلاق الدرس

Have students exchange their writing with others who wrote about a different topic. Encourage them to ask each other questions and make comments.



Unit 1

Form Meaning and Function

التهيئة

Go over the information about Both and Neither in the chart. Ask: How many teachers are in the picture? (two) Have students read the examples. For further practice hold up two pencils. Elicit from students: Both of them are pencils. Then ask: Are they pens? Elicit: Neither of them is a pen. Make sure students understand that they use the singular form of the verb and noun with neither.

مفردات الدرس

All Both Neither None

مهارات التفكير

Knowledge - Memory - Application - Evaluation - Organization

إغلاق الدرس

Have students work individually to complete the exercise and then check answers with a partner. Check answers as a class by having volunteers read their sentences.

