

What's wrong

Reading p69



Let's revise our previous unit

Use **should** or **shouldn't**

I have an earache. I.....should(go) to the doctor.

Hameed has a fever .He.....Shoudn't(go) to school.



Online Class Rules



Be on Time



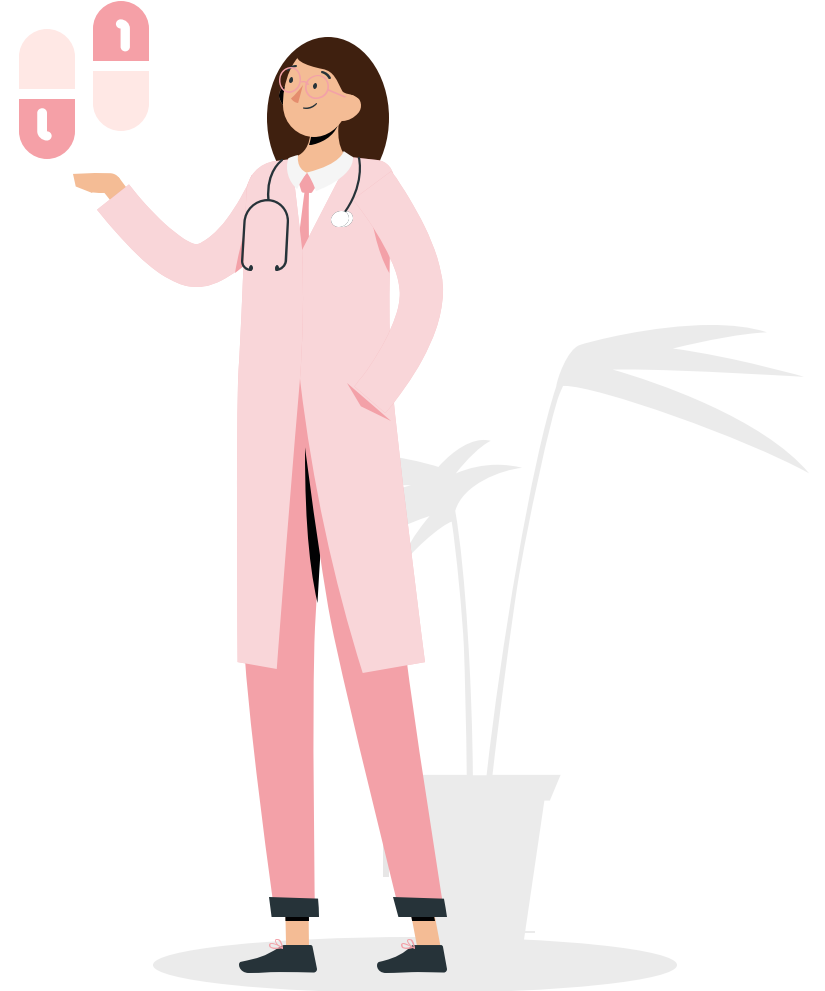
Prepare your book



Be Positive

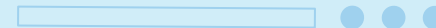


Mute microphone





Why we are studying online?





Why they are wearing a mask?

Objectives:

at the end of the lesson you will be able to

01

Mention a verse
about the benefit of
being sick



02

Describe the way
people get the
illness



03

Find out why
vaccination against
cold is impossible



04

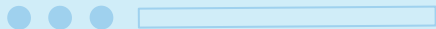
Match the main
Idea with the
Paragraph



Can you read
the title?

How many pictures do
we have?

How many
paragraphs?



8 Reading

Before Reading

What do you know about the common cold and the flu?

Atchoo! IS It a Cold or the Flu?

When your nose is blocked, your eyes are watery, your throat is sore, you are coughing and sneezing constantly, and you are shivering, then you have influenza, or the flu. Or is it just a common cold? The symptoms of both a cold and the flu are very similar, and very often the two illnesses are confused.

People get both illnesses in more or less the same way. A person sneezing or coughing transmits the infection through the air. Sometimes people with the virus wipe their noses or eyes with their fingers, and then touch objects around them, such as a doorknob, a telephone, a keyboard, or any other everyday object. Other people come into contact with these items with viruses on them, and pick up the viruses that way.

Colds usually last for five to seven days and are caused by viruses. The body's own defense mechanisms need to fight the viruses. Unfortunately, there are more than 80 different constantly mutating rhinoviruses. So vaccination against colds is impossible. Medicines provide temporary relief from symptoms, but they cannot cure the cold.

The flu has the same symptoms as the traditional cold. Additional symptoms are a high fever and severe muscle aches and pains. The effects of the flu can also be far more serious. It can cause pneumonia and kill its victims. In the past, the flu killed more people than any other viral disease. For example, 20 million people of all ages died in the 1919 flu epidemic. It actually affected younger people more than old because their bodies didn't have defenses against the virus. Nowadays, there are vaccines for the flu that protect from some viruses. Unfortunately, new viruses appear all the time.



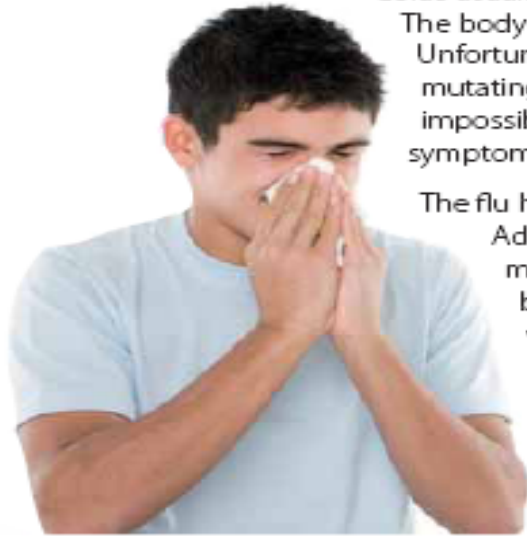
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People get both illnesses in more or less the same way. A person sneezing or coughing transmits the infection through the air. Sometimes people with the virus wipe their noses or eyes with their fingers, and then touch objects around them, such as a doorknob, a telephone, a keyboard, or any other everyday object. Other people come into contact with these items with viruses on them, and pick up the viruses that way.

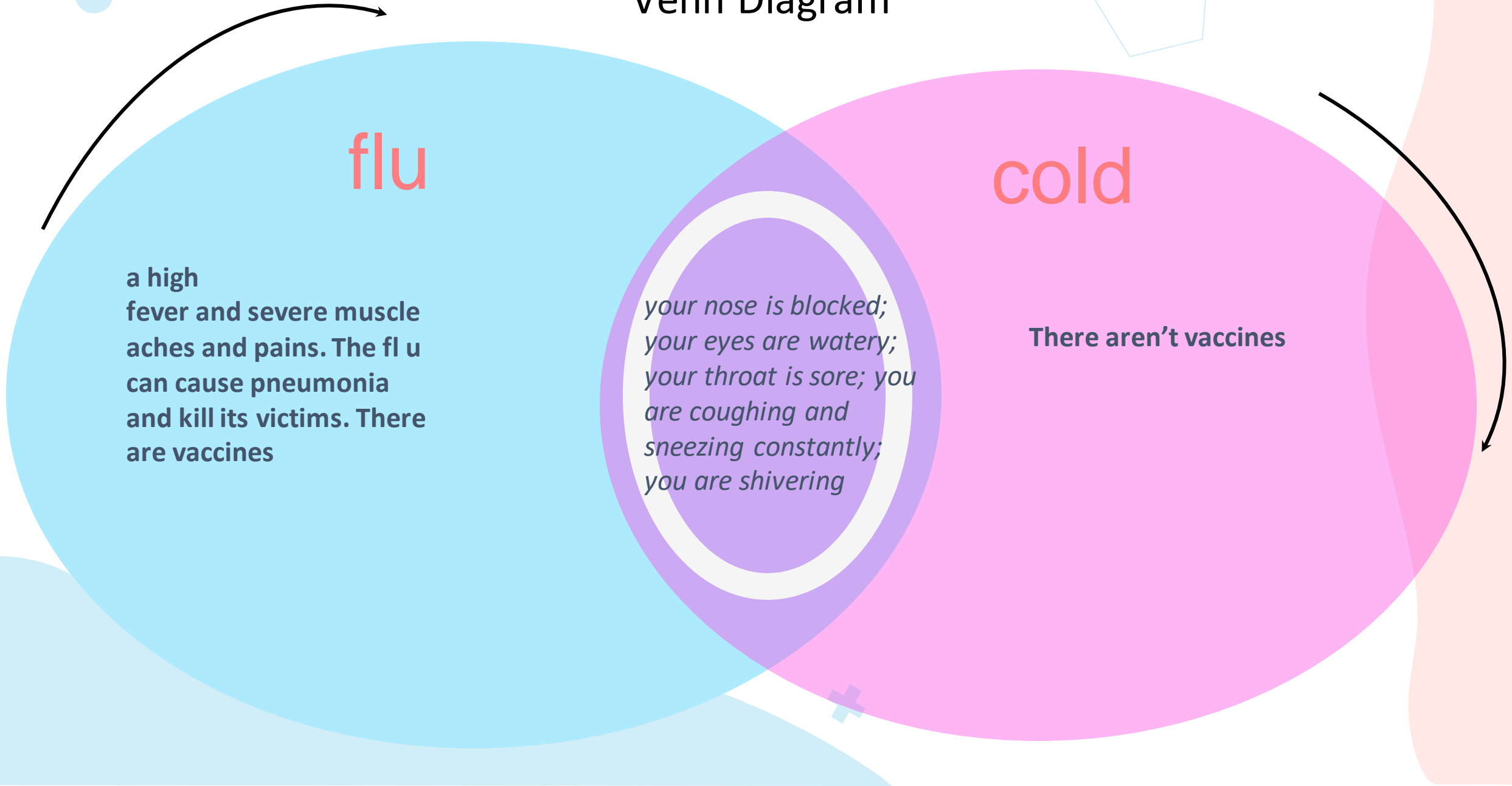
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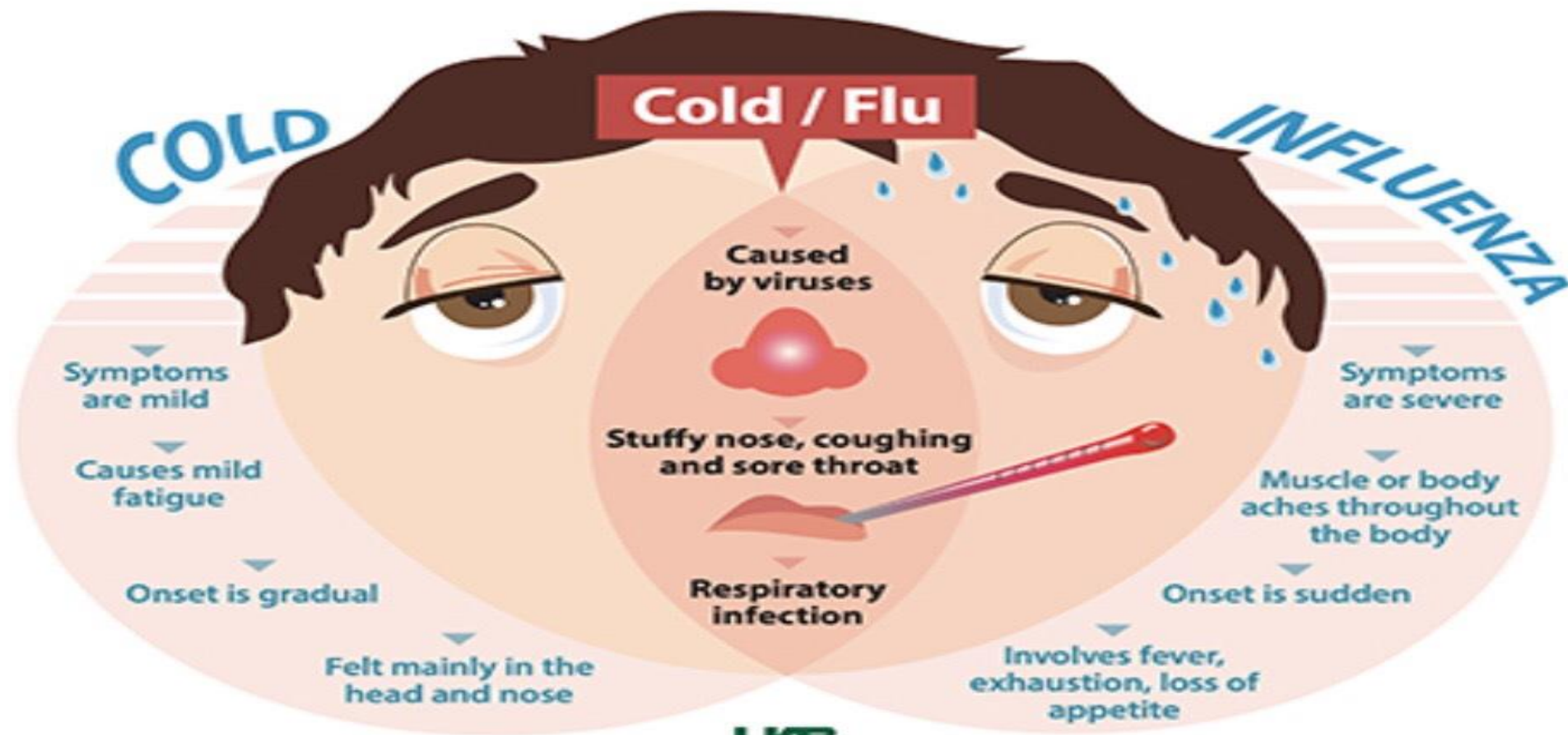
1. Write three things that are the same about colds and the flu.
2. How is the flu different from colds?

Venn Diagram



Do you have the Flu?

According to the CDC, flu vaccines reduce the risk of flu illness between 40% and 60% among the overall population during seasons when most circulating flu viruses are well-matched to the flu vaccine.



A close-up photograph of a doctor's hands holding a stethoscope against their chest. The doctor is wearing a white lab coat over a blue shirt. The background is a soft, out-of-focus light blue and white.

Role playing

You are the doctor now

Patient: doctor I have sneezing and coughing but no high fever. What's wrong with me?

Doctor: you have cold .You should stay at home and take a rest.

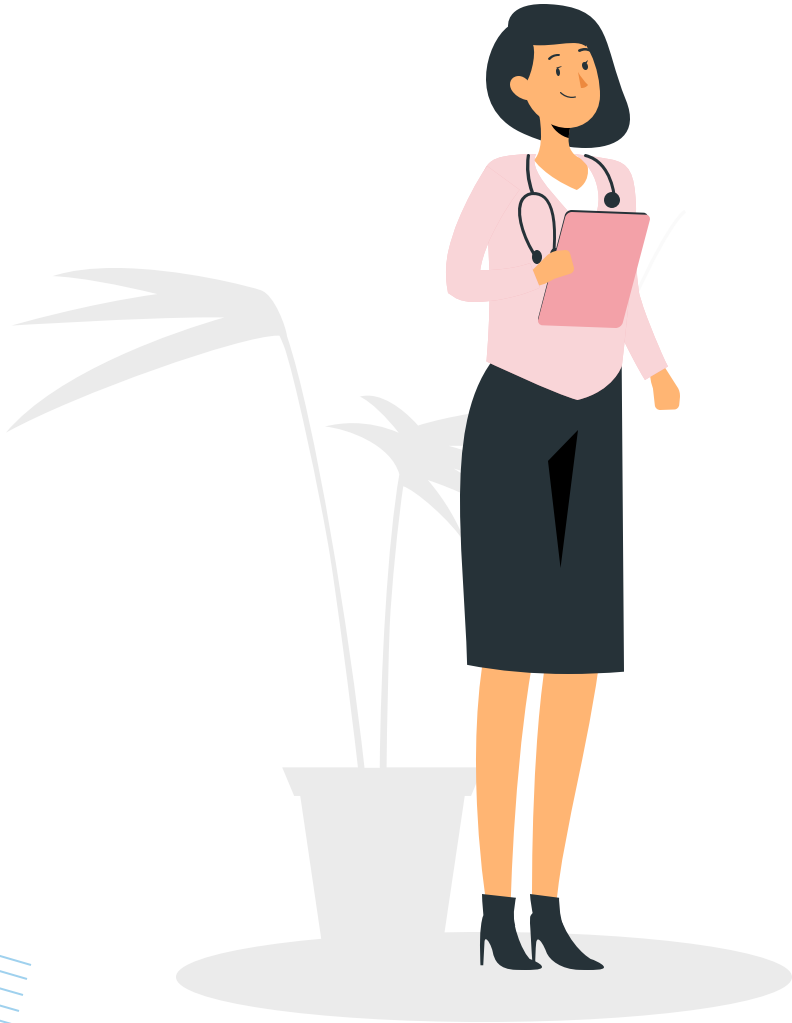
After Reading

1. Write three things that are the same about colds and the flu.

your nose is blocked; your eyes are watery; your throat is sore; you are coughing and sneezing constantly; you are shivering

2. How is the flu different from colds?

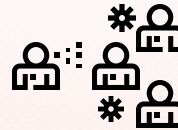
When people have the flu, they can have a high fever and severe muscle aches and pains. The flu can cause pneumonia and kill its victims. There are vaccines for the flu but not for colds.



PROTECTING YOURSELF AND PREVENTING THE SPREAD OF THE DISEASE



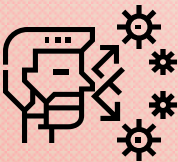
WASH YOUR HANDS WITH AN
ALCOHOL-BASED SANITIZER OR
WITH SOAP AND WATER



KEEP A DISTANCE OF AT LEAST 1
METER BETWEEN YOURSELF AND
ANYONE WHO COUGHS OR
SNEEZES



TRY YOUR BEST NOT TO TOUCH
YOUR EYES, YOUR NOSE AND
YOUR MOUTH



COVER YOUR MOUTH AND YOUR
NOSE WITH YOUR BENT ELBOW
OR A TISSUE WHEN COUGHING



SEEK MEDICAL ATTENTION IF YOU
HAVE DIFFICULTY BREATHING
AND A HIGH FEVER



FOLLOW THE DIRECTIONS OF
YOUR NATIONAL OR LOCAL
HEALTH AUTHORITIES

«لا يوردن ممرض على مصح»

النبي صلى الله عليه وسلم ذكر الطاعون
« فإذا وقع بأرض وأنتم بها فلا تخرجوا
وإذا وقع بأرض ولستم بها فلا تهبطوا عليه



في هذا القسم

(الصحة) تنصح المواطنين والمقيمين بأخذ تطعيم الأنفلونزا الموسمية

07 ربيع الأول 1442

نصحت (الصحة) كافة المواطنين والمقيمين من الفئات الأكثر تأثراً بمضاعفات فيروس (كورونا)، وعامة المجتمع بأخذ تطعيم الأنفلونزا الموسمية، مؤكدة أن جميع التطعيمات متوافرة في المراكز الصحية، وأن التطعيم آمن ومجاني ولا توجد له آثار جانبية تُذكر، وأثبت نجاعته لسنين طويلة في جميع دول العالم، وأن تطعيم الأنفلونزا الموسمية لا يقي من الإصابة بفيروس (كورونا) المستجد، وإنما يقلل بنسبة كبيرة من احتمالية الإصابة بالأنفلونزا. وأوضحت (الصحة) أن الوقاية من الأنفلونزا تكمن في أخذ اللقاح، وتجنب الأماكن المزدحمة، مع أهمية الحرص على غسل اليدين جيداً، وتجنب ملامسة العينين والفم مباشرة، واستخدام المناديل عند العطاس أو السعال، والحرص على نظافة المكان. وتهدف (الصحة) من خلال هذه الحملة إلى زيادة عدد المطعمين من خلال المراكز الصحية، وخفض معدل المصابين، وخفض عدد المنومين في المستشفيات بسبب الإصابة بالأنفلونزا الموسمية. يُذكر أن هذه الحملة تأتي استكمالاً للجهود التي تقوم بها (الصحة) للحفاظ على صحة وسلامة أفراد المجتمع كافة، وتعزيزاً للوعي الصحي، والحث على اتباع السلوكيات السليمة.



ملخص المركز الإعلامي

أخبار الوزارة

إعلانات الوزارة

إعلانات متابعة أداء

القطاع الخاص

الأحداث والفعاليات

والأنشطة

إصدارات وتقارير الوزارة

خدمة RSS

البريد الإلكتروني

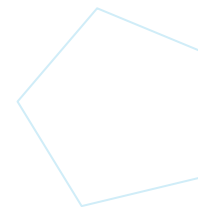
الاسم

عنوان التعليق

نص التعليق

ABOUT 80% OF PEOPLE
RECOVER FROM THIS
DISEASE WITHOUT
NEEDING SPECIAL
TREATMENT





—Anne Frank

"I don't think of all the misery, but of the beauty that still remains."



Cold or flu



Share with us



padlet



Homework



In Madrasati Platform



#



Thanks my
stars
Good bye