

MegaGoal Book 1.2 Unit 2: Take My Advice

***1-junk food* refers to food that contains a lot of.....**

A- fat

B-vitamins

C-salad

D-fruit

***2- junk food* is cooked in anmanner.**

A-well

B-good

C- healthy

D- unhealthy

2- feeling down

A-feeling depressed

B-used to make a statement stronger

C-think only about yourself

D- keep calling

2-look out for myself:

A-feeling depressed

B-used to make a statement stronger

C-think only about yourself and not care about other people

D- keep calling

3-To be honest:

A- an expression used to make a statement stronger

B-feeling depressed

C-think only about yourself

D-driving carefully

4- Associating hunger with fast food is a sign of.....

A-driving

B- addiction

C- drifting

D- overtaking

5- Good eating habits contribute to health and make you feel

.....

A-sickness

B-bad

C-ill

D- strong

6- Breaking eating habit is difficult and makes you feel

.....

A-good

B-happy

C-down

D-fine

7- In order to keep fit, you have to.....and eat well.

A-listen

B-talk

C-exercise

D-think

8- Beef burgers , fries and pizzas are types of

A- slow food

B- nutritious food

C-healthy food

D-junk food

9- You shouldcarbohydrates and fat.

A-avoid

B-try

C-eat

D-drink

10- I am always glad to see Hameed. We _____ each other so well.

A- throw away

B- get along with

C- put up with

D- take up

11- Our teacher does not _____ talking during class.

A- throw away

B- get along with

C- put up with

D- take up

12- Alex decided to _____ the job offer. He didn't like to work long hours .

A- turn down

B- get along with

C- throw away

D- take up

13- If you really want to get in shape, you should _____ tennis.

A- give up

B- get along with

C- put up with

D- take up

14- Don't _____ cleaning your car. It will just get messier!

A- give up

B- put off

C- put up with

D- throw away

15- Some people never _____ anything. They keep things they don't need.

A- give up

B- get along with

C- put up with

D- throw away

16- It is freezing outside! You _____ wear a warmer coat.

A. had better

B. better had

C. might

D. could

17- Sara is waiting for you. You _____ go meet her.

- A. might**
 - B. should**
 - C. could**
 - D. may**
-

18- If that company offers me a job, I had better not _____.

- A. turn down**
 - B. them turn down**
 - C. turn down them**
 - D. turn them down**
-

19- He feels much more relaxed since he _____ yoga.

- A. took up it**
 - B. took it up**
 - C. took up**
 - D. take up**
-

20- If you can't _____ each other, you shouldn't work together.

- A. get along with**
 - B. get them along with**
 - C. get along**
 - D. get along to**
-

21- I didn't wear those shoes anymore so I _____.

- A. threw away it**
 - B. threw it away**
 - C. threw away them**
 - D. threw them away**
-

22-You should alwaysyour seat belt.

- A- wears**
 - B- wear**
 - C- wearing**
 - D- wore**
-

23-You ought to..... speed limits.

A- observing

B- observed

C- observe

D- observes

24-Trydown at intersections even if you have right of way.

A- slowing

B- to slowing

C- slow

D- to slow

25-You mightthe route before you start.

A- check

B- checks

C- checking

D- checked

26-You shoulddriving too fast.

A- avoided

B- avoiding

C- avoid

D- avoids

27-You ought to more careful about your diet.

A-been

B-bee

C-be

D-being

28- Youeat a lot of sweets.

A- ought not to

B- ought not

C- ought to not

D- not ought to

29- You'd bettersure to learn the meanings of signs.

A- making

B- makes

C- make

D- made

30-Youcontinue smoking .

A- had not better

B- not had better

C- better not had

D- had better not

31-1. When I received the form, I

A- fill out it

B- fill it out

C- fill out them

D- fill them out

32- I finished reading the book and..... to the library.

A-took him back

B- took he back

C- took back it

D- took it back

33- His hair was too long, so hefor his passport photo.

A-cut them off

B- cut her off

C- cut him them

D- cut it them

34- The magazines were old. That's why I

A- threw him away

B- threw us away

C- threw them away

D- threw it away

35- When you finish using the computer, please

- A- turn him off**
 - B- turn off them**
 - C- turn it off**
 - D- turn off it**
-

36- I need to clean my closet anda lot of old clothes.

- A- throw away**
 - B- put up with**
 - C- put off**
 - D- take up**
-

37- We have to..... our neighbors' loud voices every night.

- A- throw away**
 - B- take up**
 - C- put off**
 - D- put up with**
-

38-I have to finish my report. Can we.....our meeting for tonight?

A- throw away

B- put off

C- take up

D- put up with

39- Samuel wants to lose weight. He ought toa sport .

A- throw away

B- put off

C- take up

D- put up with

40-He should also _____ eating sweets.

A- give up

B- put off

C- take up

D- put up with

41- We don't get along, I have to _____ his messy ways.

A- throw away

B- put up with

C- put off

D- take up

42-How manydo you have?

A-fruit

B- sisters

C-salt

D-sugar

43-How muchdo you do?

A-exercise

B-games

C-programs

D-paragraphs

44- I drink coffee every day.

A- few

B- a few

C- many

D-a lot of

45- I don't eatvegetables.

A- many

B-a little

C-little

D-much

46- I eat a carrots once or twice a week.

A- many

B- few

C-little

D-much

47-How hours do you exercise a week?

A-little

B-much

C-many

D-a lot

48-I don't spend time at the gym.

A-much

B-e few

C-many

D-lot of

49-What do you do when you have a rash?

A- I stay in bed.

B- I use a cream

C- I try to relax.

D- I take some a cough syrup.

50-What do you do when you have flu?

A- I take medicine and stay in bed.

B- I go for a walk .

C- I try to relax.

D- I take some a cough syrup.

51- stop doing:

A- get along

B-put up with

C-give up

D-take up

52-refuse:

A-put off

B-throw away

C-take up

D-turn down

53- postpone:

A-get along with

B-put up with

C-put off

D-turn down

54-begin:

A-throw away

B-take up

C-get along

D-put up with

55-discard:

A-throw away

B-take up

C-get along

D-put up with

56-accept a bad situation:

A-get along with

B-put up with

C-put off

D-turn down

57- be friendly:

A-put off

B-put up with

C- get along with

D-turn down
